

Riding Camp Gear List

- ❑ Sleeping pad (thermarest or blue pad - dense foam that will not absorb water)
- ❑ Day pack (big enough to carry water, lunch and jacket)
- ❑ 3 large heavy duty garbage bags (Glad type - 26" by 36" approximate), used for waterproofing
- ❑ Plastic water bottle (about 1 liter size)
- ❑ Cup and bowl (heavy plastic preferred) and spoon
- ❑ Toque (hats keep body heat in and protect from the sun) and mitts or gloves
- ❑ Fleece or wool jacket
- ❑ Cotton takes a long time to dry – better to have fleece, wool or synthetic (material that dries quickly).
- ❑ Wind (nylon) pants - protect the legs and will dry quickly
- ❑ Wool or synthetic long underwear
- ❑ Wool or synthetic socks – wool provides warmth even when wet
- ❑ Fleece pants – optional, but recommended

Additional Gear for Horseback Riding Outtrips:

- ❑ Riding jeans (2 pairs) - beware of jeans with a thick seam inside the knees as they can rub your skin raw over a long ride!
- ❑ Riding boots with a 1" heel (riding boots can be expensive so unless your child is an avid rider – meaning (s)he will ride more than just at camp - rubber boots are a great alternative.)
- ❑ Hat
- ❑ Leather gloves (if you prefer riding with them)
- ❑ Riding slicker (if you have one already)

****Much of this can be borrowed from people or some items even rented so don't feel you have to go out and buy all of it. Rentals are available from The Outdoor Program Center at U of C (403-220-5038) or at Mountain Equipment Co-op in Calgary (403-269-2420) and Edmonton (780-488-6614). If you do decide to buy, we recommend Mountain Equipment Co-op. To save the expense please shop at you local thrift stores too, you'd be amazed what you'll find there!**

Please label all clothing and gear to help ensure that all of your camper's gear comes home again!